

SHELL Centre 1

Summer 2021 Timetable



Linnel House, Boundary Road, London NW8 0HS

Tel: 020 7372 7021 / 07845448840

www.shakonline.co.uk email: shell@shakonline.co.uk

MONDAY	<p>Preparing for Employment <i>Support for job seekers- CV writing, online search & interview skills.</i> ***Please call or email to book an appointment*** 10am – 12pm</p>
TUESDAY	<p>Preparing for Employment 10am – 12pm</p>
WEDNESDAY	<p>Computer Skills For Work And Life <i>Support for beginners – learn the basics of computers for work or fun!</i> 10am – 12pm Preparing For Employment Online 1pm – 3pm ***Please call or email to book an appointment***</p>
THURSDAY	<p>English with Computers <i>Support for people wanting to improve their English and learn how to use Computers.</i> 10am – 12pm ***Please call or email to book an appointment***</p>
FRIDAY	<p>Computer Skills For Work And Life 10am – 12pm</p>

Please turn over to see the Summer 2021 timetable for SHELL CENTRE 2

Train stations: South Hampstead Overground, Kilburn Park, Swiss Cottage. **Buses:** 31, 139 & 189. **All our courses, workshops, classes and activities are FREE for local residents!** To find out more, please call 02073727021 or email shell@shakonline.co.uk



The South Hampstead And Kilburn
 Community Partnership



LOTTERY FUNDED

SHELL Centre 2

Summer 2021 Timetable



SHELL CENTRE 2

Fielding House, Boundary Road, London NW8 0HU

Tel: 020 7372 7021 / 07845448840

www.shakonline.co.uk

<p>MONDAY</p>	<p>Healthy Eating Sessions <i>Learn how to make simple healthy dishes on a budget following Eat Well Guide</i> 11am – 1pm Starting 17th May 2021 ***Please call or email to book a place***</p>
<p>TUESDAY</p>	<p>English For Everyday E1/E2 10am – 12pm, 1pm – 3pm Tai Chi (Online) 10am – 12pm ***Please call or email to book a place***</p>
<p>WEDNESDAY</p>	<p>Arts and Crafts 1pm – 3.30pm ***Please call or email to book a place***</p>
<p>THURSDAY</p>	<p>Health & Wellbeing Cafe (Cultural Advocacy Project) <i>Raising awareness and promoting good mental health and wellbeing. Share/listen to experiences in a friendly and welcoming group.</i> 11am – 12pm ***Please call or email to book a place***</p>
<p>FRIDAY</p>	



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