



BEFRIENDING IS



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SHAK is recruiting befriending volunteers for its new telephone support line

BEFRIENDER TRAINING

26 November | Online

To register please contact:
antoinette@shakonline.co.uk

Telephone: **0300 365 2003**

HELP REDUCE ISOLATION & LONELINESS IN YOUR LOCAL COMMUNITY

Training run by **Befriending Networks** in partnership with **SHAK**

You will receive a copy of our befriending guidance prior to the live online training session so that you can reflect on the reading during discussion as well as ask any questions you may have about your new role.

